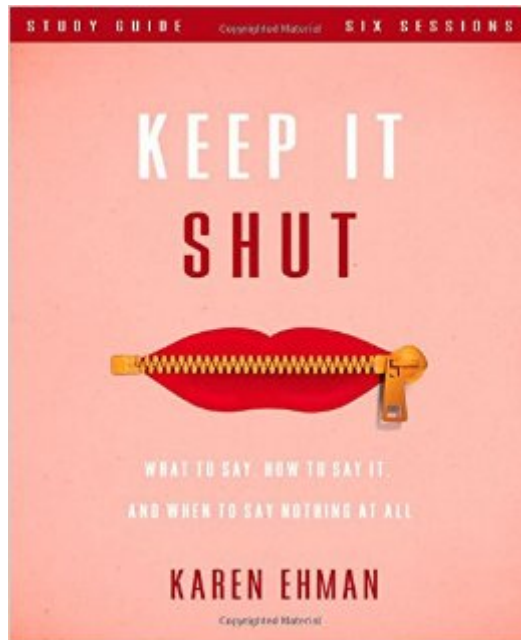


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# Keep It Shut Study Guide: What To Say, How To Say It, And When To Say Nothing At All



## Synopsis

From Bible times to modern times women have struggled with their words: what to say and how to say it. What not to say. When it is best to remain silent. Or what to do when youâ™ve said something you wish you could now take back. Beyond just a âœHow not to gossipâ• study, Karen will teach what the Bible says about the many ways we are to use our words and the times when we are to remain silent. Using our speech to interact with friends, co-workers, family and strangers will be covered along with the many places we use our words such as in private, in public, online and in prayer. Even the words we say silently to ourselves. Unsolicited opinion-slinging, speaking the truth in love, not saying words just to people-please and dealing with our verbal anger are sub-topics that will also be addressed. Each session will feature a different character from the Bible, using them either as an example of someone to emulate or whose verbal actions we should avoid replicating.

## Book Information

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## Customer Reviews

I think the book has a lot to offer, and the personal questions portion of the study guide definitely helped me to dig deeper and examine areas that I needed to apply some of the principles too. That being said, If you have read the book, then you don't need the DVD portion of this study. It frustrates me to purchase a DVD for a study only to have it reiterate what is already written in the book without adding anything new to it. Other than the short portion after each session in which Melissa Taylor talks with Karen Ehman, the sessions are taken almost entirely from the book - at times word for word. If you are someone who doesn't like to read the book then this will be great for you, but if you read the book, skip the DVD and just buy the study guide.

Keep It Shut; what to say, when to say it, and when to say nothing at all by Kathy Ehman is a book that using biblical examples about how, when, and what we should say (or not say). Through stories and people in the bible, along with some personal stories, she weaves together a picture about the importance of our words and how they can hurt or heal, mend or tear apart, encourage or destroy so many things. She uses examples of David, Joseph, \_\_\_\_\_ to show biblical examples of using words correctly, using words incorrectly, and how silence used correctly is stronger than anything you could have said. I enjoyed this book. I found it easy to read and her style of writing very conversational. I have learned a lot about this book and how to guard my words more closely. I hope her words and verses quoted help tame my tongue and my heart. I would recommend this book to all of my friends and family. Words are something everyone needs to work on. Such a small piece of the body has so much power. But more importantly it connects to the heart and show it to everyone who hears. Note: I was given a copy of this book for free to read and review. The opinions above are my own and I was not compensated for a positive review.

The study guide is great to accompany the DVD but not really practical as an accompaniment for the book.

I used this and the study guide recently with an online study. Excellent book and study guide. Relevant, accurate and so needed in today's busy lifestyle. I highly encourage everyone who has speaks, types, tweets or is on Facebook to read this. It has made me so aware. Kudos Karen for an awesome series!!!

This is a good ladies' Bible study, and especially fits the times because it deals, not only with oral speaking but also with texting, etc. and hitting the 'enter' button without thinking then wishing you could take it back. It is a book to guide a Christian woman to walk a path set forth by God. It was well written, had thought provoking questions, and I really enjoyed the study. I would highly recommend it for a ladies Bible class or to do on your own.

I took this study and my church and really, really enjoyed it. Karen Ehman keeps this study honest while adding personal stories, stories from her friends and Biblical stories and verses. While parts of the study were difficult to handle (because the truth hit home), I found myself seeing how I need to keep my mouth shut and when it's okay to talk away! Now if only I can remember to apply what I

learned on a daily basis. ;)

This is a wonderful Read and understanding of how we should be. Sometimes in this life we are in now, people think it is better to open their mouths. Sometimes we say things that really should not come out of our mouths. The public needs to get more into what the Lord says and follow his will. Keep It Shut is a wonderful guide in studying what he desires for us!

very timely book for me as my mouth is usually what gets me into trouble. Karen uses illustrations from her own struggle and Scripture to encourage us to pause before we speak.

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